



When you're ready to finally be 'Black Belt' at Time Management and/or Microsoft Outlook.

Popular 'Black Belt' Productivity Programs

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Black Belt Time Management Training

- Taming the Paper (crouching) Tiger (getting organized)
- How To Identify and Kick Time Leaches in the Butt
- How to Become a 'Black Belt' Doer (overcoming procrastination)
- Task Management and Jujitsu Delegation
- 'Black Belt' Goal Planning

Double Your Productivity using Microsoft Outlook 2007

- Taming the Email (crouching) Tiger (includes 'How to Have an Empty Email Inbox at the End of Each Day' and much more)
- Ninja Contacts, Karate Calendars, and Jujitsu Tasks

Keynote

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Happiness Runs Downhill: Using the Power of Gravity to Improve Retention, Deliver Outstanding Customer Service and Improve Profits

"Best presenter I've ever experienced and I've been going to workshops and conferences for 20+ years! Organization, breadth of knowledge, presentation, ability to communicate with participants, ability to "shift gears" and respond effectively to any and all questions and without getting behind schedule. The guy's brilliant and just as personable!"

- Steve Button, Seattle, WA

David's experience from presenting over eight hundred seminars to thousands of attendees in 48 states and throughout Canada has helped him breakdown complex concepts into easily understood language that anyone can understand. Clients include Verizon Wireless, DirecTV, Roche Pharmaceuticals, McDonald's Corporation, ITT Technical Institute, and many others.

Commonly noted comments on feedback forms: sense of humor, personable, approachable, knowledgeable, energetic, held my attention the entire day, enthusiastic.

Highlights:

- Co-author with Deepak Chopra, Jack Canfield, and Denis Waitley
- Internationally Certified 2nd degree Black Belt in Wado-Ryu karate
- Director and award winning past-president of the National Speakers Association Tennessee (NSAT)
- Voted NSAT "Chapter Member of the Year" three times by his peers



David Humes

Time Management and Happiness Expert, Author, 2nd Degree Black Belt



Contact:

GEM, Inc.
(615) 399-9164 or
(800) 243-6462
Fax (702) 537-4242
P.O. Box 82
Smyrna, TN 37167
info@DavidSpeaks.com

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